

# 36th Annual Run Through the Pines August 2016

Save the date: August 8, 2015

**Visit Website:** <http://rim-rec.org/>

Features: 5K Run/Walk, Race-walk, Kids Run Run, 10K, Music, Water stations, chip timing and computerized race results, course patrolled by Emergency Communications, distinctive event t-shirts with custom design, custom trophies for overall winners, post race refreshments and FRESH COOL MOUNTAIN AIR! Stay and plat at the Lake Gregory's water park, zip-line attraction and dinning areas!  
Register: [infinitytiming.com](http://infinitytiming.com) or [www.rim-rec.org](http://www.rim-rec.org)